

MY ACTIVITY FLOW



BEGINNING



MAIN



END

MY COLLECTED TOKENS



BRAIN



HEART



MUSCLE



WORKSHOP JOURNEY



MY MISSION



TOPIC _____



AUDIENCE _____



DURATION _____



SETTING _____



MATERIALS AVAILABLE



WHAT SHOULD
PARTICIPANTS TAKE HOME?

MY TOKEN GOAL



BRAIN _____



HEART _____



MUSCLE _____

MY REFLECTIONS



MY CHALLENGES

